



HIGH HOLY DAY EVENTS 5780

SELIHOT PLAY AND SERVICE Saturday, September 21 at 7:00 pm—

The evening will begin with dessert and Havdalah. At approximately 7:40 pm, we will present the award-winning play “The Gates Are Closing,” starring fellow TBE members. The play will be followed by Selihot services at approximately 9:00 pm (see page 1 for details).

CEMETERY VISITS – It is customary to visit the graves of family and friends as the new year draws near. You are, of course, welcome to visit the cemetery on your own. Rev. David Aminia will be at the cemetery on Sunday, September 29 and Sunday, October 7 from 9:30 am—noon for families or individuals who need assistance in the reciting of appropriate prayers.

FAMILY SERVICES – We will hold our annual services with your children on the first day of Rosh HaShanah and Yom Kippur (see schedule). Back by popular demand, Marlene Rachelle will be leading the family services on Rosh HaShanah and Yom Kippur. Marlene is a family educator who leads musical Tot Shabbat services at Temple Beth El and in the Upper Valley, and teaches a Jewish music class at the Springfield JCC for young children and their caretakers. After completing an undergraduate degree in communications from UMass, which led to a career as a Senior Producer at MTV Networks, Marlene went back to school to receive an M.A. in Jewish Education from the Jewish Theological Seminary’s Davidson School. Since receiving her Masters, Marlene has taught and developed programming for Jewish schools, organizations, and the JCC in Manhattan. Do not miss these

innovative and musical services in our outdoor tent.

TASHLIKH – Join us for Tashlikh on Monday, September 30 at 5:00 pm in Forest Park, as we literally throw away our mistakes from the past year by using breadcrumbs which are symbolic of our sins. Just inform the guard at the gatehouse as you enter the park that you are from TBE and you will not be charged an admission fee. Please note there will be no evening service at Temple Beth El on the second night of Rosh HaShanah.

BREAK THE FAST – Temple Beth El will host a congregational break fast after the sounding of the shofar on Wednesday, October 9. The sumptuous buffet will include: green salad with roasted beets, pumpkin seeds, shredded carrots and apple cider vinaigrette; poached salmon with maple sweet potatoes and pine nuts; assorted bagels and cream cheese, sweet noodle kugel, wild rice salad with lentils, cranberries, almonds, orange zest and sautéed onions; fresh fruit salad; assorted cookies and brownies; and coffee cakes. The cost is \$12 per person ages 10 and over, \$10 per child ages 5 – 9, and free for children under 5. Attendance is by reservation only. The deadline for paid reservations is Wednesday, September 25; R.S.V.P. by calling the temple office at 733-4149 or emailing office@tbespringfield.org.

We'd like to thank Fred Brownstein and Elaine Geha once again for generously underwriting the Break Fast.

High Holy Day Schedule 5780

Sunday, September 29

Erev Rosh HaShanah 6:00 pm
Candle Lighting 6:17 pm

Monday, September 30

First Day of Rosh HaShanah 8:30 am
Shofar service (approx.) 10:20 am
D'var Torah (approx.) 11:00 am
Tashlikh/Minhah 5:00 pm
(at Forest Park) No service at Temple Beth El
Candle Lighting 7:17 pm

Tuesday, October 1

Second Day of Rosh HaShanah 8:30 am
Open to the Community
Shofar service (approx.) 10:20 am
D'var Torah (approx.) 11:00 am
Evening service 6:00 pm

Tuesday, October 8

Kol Nidre 6:00 pm
Candle Lighting 6:02 pm

Wednesday, October 9

Yom Kippur 8:30 am
D'var Torah (approx.) 11:30 pm
Yizkor (approx.) 12:30 pm
Minhah 4:45 pm
Neilah 5:45 pm
Sounding the Shofar 7:02 pm

Sunday, October 13

Erev Sukkot
First Evening of Sukkot 6:00 pm
Candle Lighting 5:54 pm

Monday, October 14

First Day of Sukkot 9:30 am
Second Evening of Sukkot 6:00 pm
Candle Lighting 6:54 pm

Tuesday, October 15

Second Day of Sukkot 9:30 am
Minhah 6:00 pm

Shabbat, October 19

Hol HaMoed Sukkot
Morning Service 9:30 am
Minhah 6:00 pm

Havdalah 6:43 pm

Sunday, October 20

Hoshanah Rabbah 8:30 am
Erev Shemini Atzeret (Yizkor) 6:00 pm
Candle Lighting 5:40 pm

Monday, October 21

Shemini Atzeret (Yizkor) 9:30 am
Erev Simhat Torah 6:30 pm
Candle Lighting 6:40 pm

Tuesday, October 22

Simhat Torah 9:30 am
Minhah 6:00 pm

High Holy Day Appeal

Help us continue the many high quality spiritual, educational, cultural and social programs, as well as maintain our building and meet our expenses. Our High Holy Day appeal is an important fundraiser. The proceeds of the appeal go into our general operating budget for the year. We will be mailing out an appeal card as part of your ticket this month, and our formal appeal will be made from the *bimah* on the first day of Rosh HaShanah. Kindly mail your card to the temple office before the holidays or bring it with you to the temple on Rosh HaShanah. Please consider increasing your pledge from last year. Thank you in advance for your generous support of this important fundraiser.

Operation Isaiah Food Drive

We will be conducting our annual Food Drive. We ask every family to bring a bag of nonperishable food to the synagogue on first day of Rosh HaShanah or on Kol Nidre to be distributed to the hungry in our community via the Open Pantry.

Sukkot Events

The holidays continue after the High Holy Days! Please join us at TBE for the festive holidays of Sukkot & Simchat Torah. Please see page 7 for service times. Here is some additional information about these upcoming fall holidays:

Sukkah Raising and Sushi-Making – On erev Sukkot, Sunday, October 13 at 2:30 pm, we will prepare our congregation's sukkah on our patio and learn how to prepare sushi. The instructor is Min, the sushi maker from The Crown Market in West Hartford. Sushi choices include California rolls, vegetable rolls, tuna rolls, spicy tuna rolls, salmon maki rolls, and spicy tuna rolls. Everyone is invited to help decorate the sukkah, learn how to shake the lulav and etrog, say the *brachot* and perform the mitzvah of eating dinner in the sukkah. Dinner will be served at 5:00 pm. Families will have the opportunity to design an artistic, personalized panel to hang in the sukkah. One does not need to be artistic to participate in this fun and meaningful activity. This project will be facilitated by Cindy Lutz Kornet. Cindy is a local Judaic artist. The dinner menu includes: sushi, sautéed vegetables, rice, sesame noodle, beverages and dessert; plain noodles and bagel bites will be

available for children. The cost is \$12 per adult; \$10 children 10 years old and younger; no charge for children 3 & under. If you are interested in learning how to prepare sushi or planning to attend our program or just dinner, please R.S.V.P. to Marie at sklc@tbespringfield.org by October 2.

Lulav and Etrog – The deadline to order your lulav and etrog is October 1. The cost is \$60 per set.

Mindfulness and Music on Yom Kippur

Rabbi Amy Wall Katz

Besides being mindful to the music you listen to on a daily basis (see article on page 10), I invite you to join us at 2:00 pm on Yom Kippur afternoon. For the past several years we have enjoyed a musical interlude in the Chapel. The program is about an hour and music creates a space for contemplative reflection.

On Yom Kippur afternoon we try to create alternative opportunities for contemplation and reflection. Immediately following the Musical Interlude in the chapel, Mary Daboul and I will guide us in exploring how mindfulness practices can help us do the work of the High Holy Days.

High Holy Day Family Programs

First Day of Rosh HaShanah

Babysitting (ages 2-4) - Katz Library	10:00 am - End of services
Children's Program (K, 1 & 2) - School Classrooms	11:00 am - End of services
Jr. Congregation (Grades 5-7) - Weinbaum Chapel	10:00 - 11:00 am
Activities (Grades 3 -7) - School Classrooms	11:00 am - End of services
Family Service (Grades 4 and younger) - Outside Te.....	10:00 - 11:00 am
Gathering Space for Teens (Grades 8-12) - Youth Lounge	Noon - End of services

Second Day of Rosh HaShanah

Babysitting (ages 2-4) - Katz Library	10:00 am - End of services
Children's program (Grades K, 1 & 2) - School Classrooms	10:00 am - End of services
Junior Congregation (Grades 5-7) - Weinbaum Chapel	10:00 - 11:00 am
Age-appropriate holiday activities (Grades 3-7) -	
School Classrooms	11:00 am - End of services

Yom Kippur

Babysitting (ages 2-4) - Katz Library	10:00 am - End of services
Children's Program (K, 1 & 2) - School Classrooms	11:00 am - End of services
Jr. Congregation (Grades 5-7) - Weinbaum Chapel	10:00 - 11:00 am
Activities (Grades 3-7) - School Classrooms	11:00 am - End of services
Family Service (Grades 4 and younger) - Outside Tent	10:00 - 11:00 am
Gathering Space for Teens - Youth Lounge (Grades 8-12)	Noon - End of services

Neilah

Sounding the Shofar	7:02 pm
---------------------------	---------



Temple Beth El High Holy Day Ticket Policy

Members of Temple Beth El in good standing* will be issued tickets for Rosh HaShanah and Yom Kippur. Tickets may be requested in advance for children ages 18 – 30 who are not students or military personnel. Please call the temple office (733-4149) to request these tickets before the holidays. Children under the age of 18 do not require tickets to attend services.

Members who generously offer to pay enhanced dues at the Pillar level receive free guest tickets (2 tickets for Maccabim who pay \$2,100, 4 free tickets for Shomrim who pay \$2,500, 6 free tickets for Kochavim who pay \$3,600 and 8 free tickets for Giborim who pay \$5,000).

Children of members who are either full-time students or full-time military personnel will be admitted to services upon presentation of college or military ID. Students attending local colleges and military personnel will be admitted upon presentation of ID. Tickets may be requested, free of charge, for children of members who are under the age of 30.



Parents or children (ages 30 or older) of congregants, as well as other relatives or guests can receive tickets free of charge if they are members of another area synagogue. We honor tickets or letter of good standing from all area synagogues. Tickets will be issued in advance upon presentation of a letter from their congregation showing that they are members in good standing.*

Members may purchase tickets for any relative, including children over 30 and parents, or a guest who is not a member of another synagogue.

Associate members who are not members of another synagogue are entitled to purchase High Holy Days tickets.

Please be prepared to present your ticket upon entering the building.

** Members in good standing have paid dues in full or have established a payment plan for their dues obligation prior to the High Holy Days.*

Guest Tickets

Guest tickets may be purchased for any relatives or guests who are not members of another synagogue.

Cost: \$125 for all High Holy Days, \$65 for Rosh HaShanah or Yom Kippur services only.

Member's Name: _____ Phone: (_____) ____ - _____

Guest's Name _____ Street, City, State, Zip Code _____

Check either or both Holy Days

Rosh HaShanah Yom Kippur

<input type="checkbox"/>	<input type="checkbox"/>

Please return this form with your payment to the temple office no later than September 16, 2019.